

Sun, fun, and diabetes

Live your best summer life with your insulin pump and continuous glucose monitor (CGM)



Select the best sites.



Insert your sensor and infusion set in their approved locations. If you use the Guardian™ 4 sensor, wearing it in the back of the upper arm plays a big part in providing the best possible experience.



Keep the site secure by selecting a spot that is flat, doesn't have scar tissue, and won't interfere with summer clothing.

Secure your sites.



Avoid using lotions, creams, or aerosols (like sunscreen), until after insertion and taping are done, as this may make it harder for the adhesive to stick.



Help the adhesive better stick to your skin by preparing your site with alcohol.



After insertion, when removing the needle from the sensor or infusion set, hold the site down with two fingers so that it stays in place.



Consider an additional piece of tape if you find that you're sweating more, or summer clothing has your sites more exposed. For your CGM, first apply the two pieces of Oval Tape as directed, and then add the additional piece of overtape on top.

Take extra precautions on summertime adventures.

By air:



- ✓ Wear your full system in an airport metal detector or alternate screening, like a pat-down.
- ✗ Don't go through the full body scanner with a pump, infusion set, sensor, or transmitter.
- ✗ Don't put your insulin pump through the baggage X-ray.

By car:



- ✓ Pack plenty of emergency supplies for road trips or overnight stays.
- ✓ Store insulin at the temperature recommended by your insulin manufacturer.
- ✓ Don't leave a device or supplies in a hot car, or in direct sunlight by a pool or beach.

No matter how you travel, keep a close eye on your glucose because stress, activities, foods, and time zones can all affect you. If changing time zones, talk to your healthcare team about when to update the time on your pump.

If summer activities include some splish-splash...

Know the water guidelines for your device.



Insulin pump: MiniMed™ 700-series insulin pumps are waterproof at the time of manufacture and when the reservoir and tubing are properly inserted. These pumps are protected up to 12 feet (3.6 meters) for up to 24 hours.



CGM: After the transmitter and sensor are connected, they form a waterproof seal to a depth of 8 feet (2.4 m) for up to 30 minutes. Shower and swim without removing them. CGM readings may not be transmitted from the CGM to the pump while in water. See user guide for more details.

Take care with skincare.



Did you know? Some skin care products, like sunscreen, lotion, and insect repellents, can damage the plastic on the pump case. After using these, wash your hands before handling your pump. If the product touches the pump, wipe it off with a damp cloth and mild soap.



Live your best summer life!

Since your summertime plans are unique to you,
speak with your healthcare team for specifics regarding your care.

Important safety information

Medtronic Diabetes insulin infusion pumps, continuous glucose monitoring systems and associated components are limited to sale by or on the order of a physician and should only be used under the direction of a healthcare professional familiar with the risks associated with the use of these systems.

Successful operation of the insulin infusion pumps and/or continuous glucose monitoring systems requires adequate vision and hearing to recognize alerts and alarms.

Medtronic Diabetes Insulin Infusion Pumps

Insulin pump therapy is not recommended for individuals who are unable or unwilling to perform a minimum of four blood glucose tests per day. - Insulin pumps use rapid-acting insulin. If your insulin delivery is interrupted for any reason, you must be prepared to replace the missed insulin immediately.

Medtronic Diabetes Continuous Glucose Monitoring (CGM) Systems

The information provided by CGM systems is intended to supplement, not replace, blood glucose information obtained using a home glucose meter. A confirmatory fingerstick is required prior to treatment. Insertion of a glucose sensor may cause bleeding or irritation at the insertion site. Consult a physician immediately if you experience significant pain or if you suspect that the site is infected. For more information, please visit: [MedtronicDiabetes.com/ISI](https://www.MedtronicDiabetes.com/ISI).

The Guardian™ 4 sensor is intended for use with the MiniMed™ 780G system and the Guardian 4 transmitter to monitor glucose levels for the management of diabetes. The sensor is intended for single use and requires a prescription. The Guardian™ 4 sensor is indicated for up to seven days of continuous use.

The Guardian™ 4 sensor is not intended to be used directly to make therapy adjustments while the MiniMed™ 780G is operating in manual mode. All therapy adjustments in manual mode should be based on measurements obtained using a blood glucose meter and not on values provided by the Guardian™ 4 sensor. The Guardian™ 4 sensor has been studied and is approved for use in patients ages 7 years and older and in the arm insertion site only. Do not use the Guardian™ 4 sensor in the abdomen or other body sites including the buttocks, due to unknown or different performance that could result in hypoglycemia or hyperglycemia.

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