

Top 5 Tips

for Continuous Glucose Monitoring Success

1 Start your sensor when you start your day

Inserting a new sensor shortly after you wake up gives you time to get all your calibrations in before bedtime. You may receive more calibration requests on the first day.



2 Add extra tape if you need it

If you're struggling with sensor issues, sometimes all you need is some extra tape! Additional tape can help keep your sensor more secure, especially if you are active or live in warmer climates.



3 Calibrate before meals and at bedtime

Calibrate 2-3 times per day when your glucose is stable. This is generally before meals and exercise. Your sensor graph is a great visual tool to use – look for a fairly flat line or the shape of gentle rolling hills. That indicates stability!



4 Consider silencing alerts (During meetings, movies, or when taking a test)

Did you know that you can silence some of your CGM alerts when needed? Consider using the Alert Silence feature (insulin pump wearers) or "Mute All Alerts" option (for standalone CGM) when getting an audible alert might cause frustration – during an important meeting, a movie, or a nap!



5 Personalize alerts and alarms

To avoid frequent alerts, you may find that you want different high and low glucose limits at different times of day, or that you want to turn off rise alerts.





Need a sensor replacement?

Request a sensor replacement for no charge at bit.ly/OnlineReplacement



Have more questions?

Call Tech Support at 1-800-646-4633 (option 1)
24 hours a day, 365 days per year.



Need more help? - Use the QR code or visit

www.medtronicdiabetes.com/support
to explore all resources that Medtronic provides.



We're with you on this journey

Important safety information

Medtronic Diabetes insulin infusion pumps, continuous glucose monitoring systems and associated components are limited to sale by or on the order of a physician and should only be used under the direction of a healthcare professional familiar with the risks associated with the use of these systems. Successful operation of the insulin infusion pumps and/or continuous glucose monitoring systems requires adequate vision and hearing to recognize alerts and alarms.

Medtronic Diabetes Insulin Infusion Pumps

Insulin pump therapy is not recommended for individuals who are unable or unwilling to perform a minimum of four blood glucose tests per day. Insulin pumps use rapid-acting insulin. If your insulin delivery is interrupted for any reason, you must be prepared to replace the missed insulin immediately.

Medtronic Diabetes Continuous Glucose Monitoring (CGM) Systems

The information provided by CGM systems is intended to supplement, not replace, blood glucose information obtained using a home glucose meter. A confirmatory finger stick is required prior to treatment. Insertion of a glucose sensor may cause bleeding or irritation at the insertion site. Consult a physician immediately if you experience significant pain or if you suspect that the site is infected. Please visit www.medtronicdiabetes.com/about/safety.html for additional details.