

CHOOSING TECH FOR YOUR CHILD

A guide for talking to your
doctor about therapy



Figuring out what technology is right for your child can be overwhelming. We hope this guide helps you and your child get the information you'll need to make a choice about therapy.



CONSIDERATIONS FOR YOUR FAMILY

We recommend thinking through these considerations ahead of your appointment.

- How are you hoping technology will improve life for you and your child?
- What do you struggle with most when managing your child's diabetes?
- How much time are you willing to spend learning to use new technology?

TIP: Jot down your answers on a piece of paper or take notes on your phone, and bring them with you to the appointment.



QUESTIONS TO ASK YOUR DOCTOR

Answers to the following questions can help you identify what technology will work best for your child.

- What solutions can help increase the amount of time my child spends in a target glucose range?
- How can technology help reduce low blood sugars at night?
- How can I see insulin and sugar data while my child is at school?
- How can technology help my child be more independent?
- How do different therapies impact long-term complications?